





A Meditation on God's Gift of Worship  
Travis Amundson

My wife, Jill, and I started teaching our son, Theo, about numbers and counting. It's not an easy concept for an almost-two-year-old. When he asked "Cookie?" at the end of dinner last night, we saw an opportunity. "Ok, Theo, you can have *three* cookies," we said. Jill got the box of animal crackers ("cookie") from the cupboard, and the whole family counted together: "One. Two. Three."

Numbers are hard, but giraffe-, elephant-, and lion-shaped treats help. For Theo, seeing, feeling, and tasting each cracker makes one, two and three more real. As he grows, he won't need the crackers. He'll learn to count to 100 and take on long division. Maybe he'll even surpass his old-man and get the hang of calculus. For now, though, he's starting with "cookie."

We all learned our numbers by counting objects around our homes, but what about other important things? How can you and I and Theodore learn the truths of our faith? Truths like: God loves me; I can forgive my enemy; I can accept forgiveness; the world is filled with wonderful and holy mystery. Like Theo and his crackers, we need something that helps us grasp (literally) these spiritual realities.

And this brings us to worship. God and our spiritual ancestors gave us worship to help us feel, touch, taste, smell and hear God's love. At our service on Sunday morning, we hear God's love in prayer, song and sermon. We smell God's love in lilies and incense. We feel God's love in hugs and handshakes. We see God's love in crosses and stained glass. We taste it in bread and wine.

God loves you, but it can be hard to remember that. Every Sunday morning, worship teaches us God's love anew. As we join each other in worship this Lent, lets notice, together, how God's love comes to us in a way we can each understand.

**FAKE EMAIL BEING SENT**

An email has been sent to a few parishioners that takes part of Rev. Beth's email address and changes it. The email asks for you to call her, saying that she needs help, or has a question. Please do not reply to this email. It is not true. This email scam has been



making the rounds in churches of all denominations for a couple of years now and has arrived at Calvary. According to other clergy, sometimes emails are sent asking for money or gift cards. Never, ever reply to emails that do not look right, or sound right. That just allows the scammer to have access to your contact list and possibly other private things. The only email that you should ever receive a note or question from the Rector is: **rector@calvary-rochester.org**. No other email address will be used from Beth. If you have any questions, or aren't sure if an email is coming from the church office, please call the office

or Beth directly.

---

## EASTER LILY DONATION

If you are interested in giving financially towards the lilies that will adorn our altar and church during Easter, please email **office@calvary-rochester.org**, or give the church office a call. You may also fill out the forms in the bulletin in church for the next few Sundays. Lilies may be given in honor of, in thanksgiving for or in memory of someone, or to the Glory of God. The suggested donation is \$13.00 per Lily. **The deadline for giving is April 12th.**



---

## Agape Meal Assistance Needed

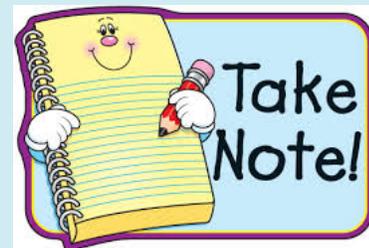
We are in need of 3-4 volunteers that would assist us with the preparation and cleanup for the Agape Meal which will take place after the Easter Vigil on Saturday April 20th at 7 PM. An hour or two of your time would be most appreciated. Please call Kirsten Vitale

(507.266.5747) or Lee Gilmore (507.951.3288) if you can assist.

---

## CALVARY TELEPHONE NUMBER

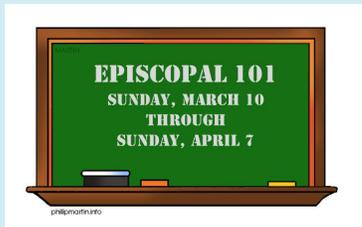
Calvary has two telephone numbers listed in various directories. If you call the office, please be sure to use **507-282-9429**. The other number is for the kitchen and will shortly be disconnected.



---

## This Week at Calvary...

---

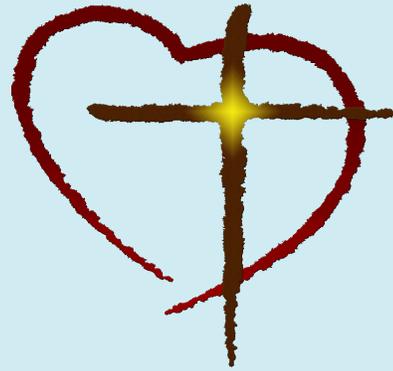


## Episcopal 101 Sundays from March 10-31 and April 7 10:00 - 11:00 am Roenigk Room (3rd Floor)

Join us on Sunday mornings during Lent at an Adult Inquirer's Class for those interested in reception to the Episcopal Church, confirmation or reaffirmation (with Bishop Prior on May 7th) or just interested in brushing up on your knowledge of the Episcopal Church. The resources we will use include "People of the Way, Renewing Episcopal Identity" by Dwight J. Zscheile and The Book of Common Prayer. The course is open to all adults and will be facilitated by the Rev. Beth Royalty and others.

### Wednesday Evening Lent Class & Soup Supper March 13-April 17

Each Wednesday in Lent all are invited to gather for a simple supper and study group from 5:15 pm - 7:00 pm in Brackenridge Hall. If you would like to take part in the supper, [please register online by clicking on the sign up button below](#). Each week we will study a different discipline as a part of **Life transformed: The Way of Love in Lent**.

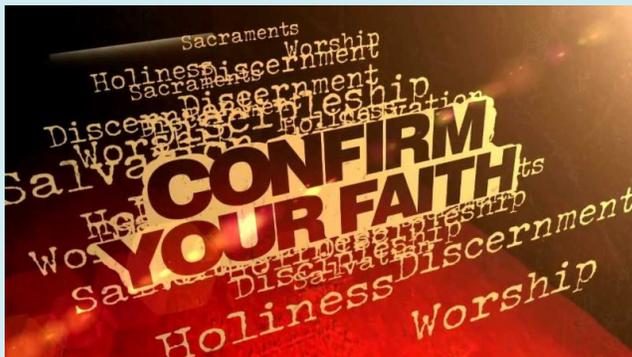


#### April 10th, Session Five: REST: The Valley of Dry Bones (Ezekiel 37:1-14)

All are welcome; we will accept a free will offering for suppers and there is no cost for the class.

[Click Here to Sign Up](#)

## Save the Date...



### CONFIRMATIONS, RECEPTIONS, REAFFIRMATIONS AT CALVARY WITH BISHOP PRIOR

Bishop Brian Prior will be making his final visit to Calvary on Tuesday, May 7 at 6:00 pm. Bishop Prior is

retiring in February, 2020 following the election of Minnesota's next Bishop in September. A confirmation class for all in 9th - 12 grades begins this Sunday, January 13. Parents of children in those grades have been sent information about each class date in an email. If you are a parent of a 9th - 12th grader and did not receive that email, please call the church

office. All adults interested in being confirmed, reaffirmed or received are invited to a class called Episcopal 101 that starts on Sunday, March 10 and will continue through Lent and end on April 28. Episcopal 101 is offered for any adult interested in the Episcopal Church, and not limited to those interested in confirmation. The service on May 7 is open to all Episcopalians in the Southeast Mission Area.

---



PRAYERS

[Submit a Prayer Request](#)



DONATE

[Tithe.ly](#)



WEBSITE

[Visit our website](#)