



Remember Spring WILL come again!



A Message From Our Rector



Dear Friends:

As we anticipate Ash Wednesday on March 6 we are beginning our Lenten program this week with a meditation by parishioner Tanya Petterson. The 7 disciplines that we will be exploring from now until Easter Day through "Life Transformed - The Way of Love in Lent" are Turn, Pray, Learn, Bless, Rest, Worship and Go. Tanya's reflection leads us to prepare for this blessing of the Lenten Season, time set apart for prayer, discipline, introspection, study, outreach and understanding that we are beautifully created humans loved by God. The overall theme of this Lenten program is love. The Way of love, love poured into the world and into our hearts by God, and our power to give love to one another in every aspect of our daily lives.

I invite you to follow along this Lent in The Visitor, where you will find a meditation written by a fellow parishioner on the discipline that we will study each week. Print it out, keep it as a part of your own meditation. I am deeply grateful to Tanya for starting this journey out with her profound and lovely words and for sharing her own lived experience with us. She inspires us all to wonder about the word "turn" and what it means in our own lives.

In peace,

Beth+

A Meditation on the Word, Turn

For me the journey of this past year and a half, which included a very real pilgrimage, began with a 6:30 a.m. phone call from my father, post-stroke, and my seething, disproportionate response, a response of grief and sorrow and of being overwhelmed. I realized I needed some help, some positive way to live under this fluctuation of light and shadow and some way to prepare myself for hard decisions ahead. What I have been learning, what I learned on the pilgrimage, was both simple and profound, and for me it is a turning back. On pilgrimage, daily, I had to walk at my own pace, not faster to keep up, not slower to stay back - though some of each, and each is hard. I have been one to walk at the pace of another most of my adult life - school, work, children - and I have forgotten my own stride. I began to practice on the pilgrimage what I have kept up, a daily reading and copying down, to slow my mind down, of wilderness writing, of books of spiritual guidance, and the Psalms. However much Church revives my soul, it is only once a week. For now, I need this daily sanctuary and I need the frisson of caught phrases and images, harkening back to when I was a girl, that forgotten person.

And I had forgotten. My communion with God, not the God in others, but the mystical God, was always through unthinking, joyful silence in contemplating the pattern of light and blue shadow on snow and black winter streams and glacier fed turquoise lakes and always the sky, so missing from my indoor Minnesota life. My turning has been to embrace this way of worship again, to turn back to a contemplation of the luminous world, a contemplation threaded with sorrow as I think of my father's insistent loving introduction to his view of God, the Creator; now lost.

Yet this turn back would miss what I also learned on pilgrimage, although I must work to practice it, that I am not just alone, and the path is not just my path. The signs placed on the Pilgrim's way depend on others as well, depend on being willing to walk slowly or trying to walk quickly, on being willing to accept water or a shared biscuit from another, depend on not only being able to see the luminous in the winter sky or the green new leaf, but in my mother's smile as she greets me, because I have come, the prodigal daughter returning after so long, so long an absence, gone these past two days.

And so as I look back, as I take this turn in the path, I hope not for an end with my soul scooped out and laid bare, but a sojourn, during this long pilgrimage of my parent's last days, a sojourn in God's tent, which is yellow, I think and lit from within; I hope for the peace of my own bed on a night when the stars crowd thickly.

Some of our Calvary members lending a helping hand to motorists dealing with our snowfall. Thank you to all who helped others this past week!



This Week at Calvary...

Open Labyrinth Walk Thursday, February 28th 5:30-7:30 pm Crawford Hall

Open Labyrinth Walk. The Calvary labyrinth will be open for walking. Facilitator, Elise Lewis will be available for questions and guidance in upstairs in Crawford Hall. Please plan to arrive by 7:00pm to ensure time for your walk. There will be space for writing as well as time for quiet prayer and meditation. This is appropriate for teens and adults.



It's not too late to join us!

**COME HAVE SOME PANCAKES!
SHROVE "SUNDAY", MARCH 3 at
11:00 a.m.**

We'll be celebrating Mardi Gras by having a wonderful **pancake brunch** on **Sunday, March 3** beginning at 11 am. Our middle and high school Sunday school teens will be preparing a sumptuous feast of pancakes, sausage and all the fixings for \$5.00 for those over 5 years old, \$3.00 for under five, and

\$20.00 maximum per family. At noon, we will move outside to burn the old palms from last year's Palm Sunday to create our Ash Wednesday ashes - bring your palms if you saved them from last year! We will be burying the Alleluias for the Lenten Season as well. This will be a fundraiser and our middle and high schoolers will choose the recipient of the funds during Lent. Please let us know that you are coming by going to the Sign Up Genius link below or by calling the church office.

[Sign Up Here](#)

ASH WEDNESDAY SERVICES

This coming Wednesday, March 6th, we will enter into the season of Lent. The Imposition of Ashes and Holy Eucharist will be celebrated at Noon and 7 pm. For the 7 pm service, our Motet Choir will sing Gregorio Allegri's famous Miserere." Please join your Calvary family to mark the beginning of a holy Lent.



WORSHIP SCHEDULE FOR LENT

Ash Wednesday, March 6

12:00 noon - Imposition of Ashes and Holy Eucharist, Rite II

7:00 pm - Imposition of Ashes and Holy Eucharist, Rite II, with the Motet Choir

Sundays in Lent: March 10 - March 17

8:00 am - Holy Eucharist Rite I

9:00 am - Holy Eucharist Rite II, a service especially meaningful for children, with Children's Choirs

11:00 am - Holy Eucharist Rite II with Motet Choir

Mondays in Lent - March 11 - April 15

5:15 pm - Holy Eucharist Rite II with Anointing for Healing and Contemplative Silence

Wednesdays in Lent - March 13 - April 17

12:15 pm - Holy Eucharist Rite II with Contemplative Silence

HOLY WEEK

Palm Sunday - April 14

8:00 am - Holy Eucharist Rite I and Reading of the Passion according to Luke

9:00 am - Holy Eucharist Rite II and Reading of the Passion according to Luke in a form especially meaningful to children

11:00 am - Holy Eucharist Rite II and Reading of the Passion according to Luke

Monday, April 15

5:15 pm - Holy Eucharist Rite II and Anointing for Healing

Wednesday, April 17

12:15 pm - Holy Eucharist and Contemplative Silence
7:00 pm - Tenebrae

Thursday, April 18 - Maundy Thursday

7:00 pm - Holy Eucharist Rite II and Stripping of the Altar

Friday, April 19 - Good Friday

7:00 am - Good Friday Liturgy

12:00 noon - Community Good Friday Service at First Presbyterian Church

Saturday, April 20

7:00 pm - Easter Vigil and Holy Eucharist with Baptisms

Sunday, April 21- Easter Day

8:00 am - Holy Eucharist Rite I

9:00 am - Festal Holy Eucharist Rite II with Choirs in a service especially meaningful for children (Incense Used)

11:00 am - Festal Holy Eucharist Rite II with Choirs (Incense Used)

Up Coming Events

Calvary Kids Sunday, March 10 Noon - 2 p.m.



We are looking forward to our next *Calvary Kids* project! Please invite friends, neighbors and classmates to join us! All are welcome.

We will be decorating “bunk bags” for the children at Fond Blanc Orphanage in Haiti. These bags will be given to the children in the orphanage to hold their personal items. Hope you can join us to learn more about the orphanage and their work in Haiti and have some fun decorating the tote bags for the kids.

Learn more about Fond Blanc by visiting their website:

<https://fondblanc.org>





**Episcopal 101
Sundays from March
10-31 and April 7 10:00
- 11:00 am Roenigk
Room (3rd Floor)**

Join us on Sunday mornings during Lent at an Adult Inquirer's Class for those interested in reception to the Episcopal Church, confirmation or reaffirmation (with Bishop Prior on May 7th) or just interested in brushing up on your knowledge of the Episcopal Church. The resources we will use include "People of the Way, Renewing Episcopal Identity" by Dwight J. Zscheile and The Book of Common Prayer. The course is open to all adults and will be facilitated by the Rev. Beth Royalty and others

**Lenten Series- *Life Transformed-
The Way of Love*
Wednesdays March 13 - 27 &
April 3 & 10, ending
Tuesday, March 16
5:15-7:00 pm including soup
supper in Brackenridge Hall**



Reverend Beth will lead a 6-week Lenten Series for adults starting with a simple soup supper followed by group study and discussion of "*Life Transformed: The Way of Love*". Using this Lenten curriculum adapted by the national Episcopal Church from Presiding Bishop Curry's messages in "*The Way of Love*", we will set an intentional commitment to follow Jesus through a set of daily practices: Turn, Learn, Pray, Worship, Bless, Go and Rest. Each week, we will incorporate readings from the Easter Vigil into one of the practices and discuss, share, and experience the transformation to a more Jesus-centered life together. All are welcome. For more information please see <https://www.episcopalchurch.org/way-of-love>.



**Lenten Quiet Day
Saturday, March 16th from
9 a.m. to noon**

Calvary Sacred Circle invites you to join us for a morning of quiet, contemplation, and prayer during Lent. We will be hosting an open labyrinth walk facilitated by Elise Lewis and accompanied by instrumental music from Francis Gurtz in Crawford Hall. Please arrive by 11:00 am in order to allow at least 30 minutes to walk the labyrinth. In addition, parishioner Barb Schwenk will lead a contemplative art workshop (coloring mandalas) in Menefee. No registration is necessary and a free-will donation will be accepted. Reverend Beth will be available in the candle-light church all morning for counsel, confession and companionship. Lenten Quiet Day will conclude with a Service of Noonday Prayer at 11:30 am in the church. This event is open to the community and all teens and adults are welcome.



Save the Date...

Open Labyrinth Walk- Thursday, March 21st from 5:30-7:30 pm in Crawford Hall

Calvary Sacred Circle offers our monthly open labyrinth walk on Thursday, March 21st from 5:30-7:30 pm in Crawford Hall. The labyrinth is an ancient symbol and purposeful path representing a journey to our own center and back into the world. The labyrinth walk will be facilitated by parishioner Elise Lewis who will be available for guidance and questions. Instrumental accompaniment will be provided by local musician Francis Gurtz. There will be time for journaling, contemplative prayer or meditation. This event is appropriate for teens and adults and a free-will donation will be accepted. Please plan to arrive by 7:00 pm to ensure time for your walk. This event is open to the community, no registration is necessary and all are welcome.



***Dances of Universal Peace*- Sunday, March 31st from 4:00-5:30 pm in Crawford Hall**

Calvary Sacred Circle is hosting our first *Dances of Universal Peace* with certified leader Francis Gurtz in Crawford Hall. The *Dances of Universal Peace* are simple, meditative, multi-cultural circle dances that incorporate sacred chants, music and movements from many spiritual traditions. No dance or musical experience is necessary and all ages (grade school and older) are welcome to join us in this seasonal ceremony. The *Dances of Universal Peace* are a spiritual practice using sacred song and story with the intention of bringing joy and spreading world peace. No registration is necessary and a free-will donation will be accepted. For more information, see www.dancesofuniversalpeace.org



